

Montana Behavioral Initiative

Montana Big Ideas

For Schoolwide Positive Behavior Interventions and Support Systems

Volume 1, Issue 2

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RESOURCES TO LOOK AT

<http://opi.mt.gov/Programs/SchoolPrograms/MBI/index.html>

Check out the MBI site

<http://opi.mt.gov/>

The OPI website is all new

<http://www.10seconds.org/power.html>

Bobby's website

ALL children deserve the opportunity to grow up in schools and communities that support them in making healthy choices

In The Next Issue

- Summer Institute
- SWIS Training
- Team Trainings
- Consultant's Corner



Please contact Susan at MBI if you would like to place information in the monthly newsletter!

"If you keep on doing what you've always done, you'll keep on getting what you've always gotten."

My ultimate desire is that you will find hope, faith and love in every area of your life. My message is clear and simple...10 Seconds is all it takes to change a life forever. Our lives are lived in increments of "10 Second" decisions. No matter how small and insignificant every decision may seem, it will invariably have a profound impact on your life and the lives of others positively or negatively. In other words, every good and bad thing in this world starts with one person, one decision. What we say, how we act, react or respond, takes no more than 10 seconds, and 10 seconds can change your life forever. We live our lives 10 seconds at a time.

People all over the world are beginning to embrace this simple life affirming life action - one good decision, 10 seconds at a time. The results have been incredible. Your life can be incredible too, but you have to take the first step. Some of you may think to yourselves, "I've made too many bad decisions in my life-I can never change." This is not true. Even if you make a million decisions in the wrong direction - it only takes one decision, 10 seconds to turn your life around...you can do it.

Take action in making the "10 Second Principle" an active and real part of your life. Remember that we all make mistakes. There is nothing you could have ever done, or anything that someone has done to you that can't be turned around for good. After you have begun to practice this simple principle, I promise it will change your life in a positive way! Then share it with someone else who needs to know it. If we all will live our lives by making good choices 10 seconds at a time, we surely will see a change in our families, our schools, our communities and our society.

**YOU HAVE TO TAKE THE FIRST STEP, 10 SECONDS AT A TIME
- YOU WILL ACHIEVE YOUR GOALS AND DREAMS. START
MAKING THIS WORLD A BETTER PLACE.**



Bobby Petrocelli

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opi.mt.gov

Summer Institute!!

- June 21-25, MBI Summer Institute

<https://toto.msu.montana.edu/cs/mbi/>

Registration Opens March 1st

Quicksters:

What can you do in your MBI School that would take "10 seconds" but will make a big difference?

What does an MBI Consultant do?

- ♦ Develop and provide technical assistance, training, and support services
- ♦ Support site teams in their understanding and implementation of MBI goals
- ♦ Serve on the MBI Council
- ♦ Participate in focused training, joint problem-solving and coordinated efforts to promote the mission and goals of MBI



"Within each of you is the power to make good decisions."

Bobby Petrocelli

2009 MBI Youth Days Presenter

We Weren't Born To Follow!

MBI's Youth Days were a **Play Your Part** success!

- ⇒ **659** Youth participated in MBI Youth Days across Montana
- ⇒ **114** Chaperones and MBI Action Team Players attended
- ⇒ **54** Community Partners helped with Youth Service learning time
- ⇒ **51** MBI Schools were bettered because their youth participated
- ⇒ **827** Montana Youth and Community Members were involved

The MBI Youth and Action Planning Teams attended MBI Youth Days. The energized activities included youth lessons on "Playing your Part" in your school, your community, your state, and, ultimately, our world. Youth were directed in team-building activities, service-learning projects, school action planning, and how just a small amount, even 10 seconds, can make a difference in making positive changes.

View the Bon Jovi "We Weren't Born To Follow" video played at the 2009 MBI Youth and Service Learning Days here:

<http://www.youtube.com/watch?v=qF3D2oiy6YA>



MBI Key Goals

Training: To increase the awareness and understanding of effective schools practices.

Team Process: To increase and improve the use of team processes in educational decision-making and in addressing issues concerning our youth.

Proactive Support Systems: To support the implementation of best practices procedures in Montana's schools, foster beliefs which hold that all children are valued, and that positive and proactive approaches to problems produce the most satisfying results.

Evaluation Process: To increase awareness regarding the value and use of data-based decision-making in education.

Community Process: To foster the belief that the education of today's youth is a community responsibility.

Consultant's Corner:

Consultant: Dale Anderson

What is your biggest MBI Success Story?

I think the biggest success story is the MBI Summer Institute where we have seen thousands of Montana educators come to Bozeman to breathe the fresh air and learn about school climate. The participants and the Institute groupies, i.e., the consultants get to hear the greatest ideas, hang out with charged up teachers and administrators, and enjoy chatting about education with professionals from everywhere. What a dynamic way to spend a week.

What is a tip you can offer?

I think the biggest thing educators can do to improve the climate of their schools is to "talk soft" while attempting to get students to change their behavior. Confrontational language and tone destroy the ear's ability to listen, the mind's ability to think openly.

What is a "Daleism" you can share with us?

Asking schools to work on climate without a process like MBI is akin to conducting an appendectomy with only a can opener and a fork. Schools need an effective and viable step-by-step process that includes system analysis, teacher and team training, and data collection before it can initiate positive and permanent change.